Lucky Foods for the New Year

Start the new year with a little luck. Four countries, four traditions, one plate.
Around the world, New Year's Eve tables are set with foods meant to bring luck, wealth and a long life. Add a Lucky Foods flight to your menu and let guests taste the traditions at midnight. Offer all of these dishes as mini appetizers, with a catchy name to draw interest from patrons. Who wouldn't want to start their new year off with some luck!

Italy

Lentils resemble small coins, making them a symbol of prosperity and good fortune. Eating them at midnight is believed to bring wealth and abundance in the year ahead.

Offer a Sundried Tomato, Olive, & Lentil Goat Cheese Crostini



Lentils #172421, 1/25 lb
Goat Cheese #031210, 2/2 lb
Kalamata Olives #363003, 1/8 lb
Walnuts #550446, 1/25 lb
Sundried Tomatoes #031117, 4/5 lb
Garlic #080402, 4/5 lb
Capers #391203, 6/32 oz
Balsamic Vinegar #181281, 2/5 lt
Baguette #120292, 60/4 oz

France

Foie Gras and Oysters are traditional dishes of the French Réveillon feast, symbolizing abundance and a festive start to the New Year.

Offer Oysters with Foie Gras & Chives



Lucky Lime Oysters # 300446, 1/100 ct
Foie Gras # 870506, 16/2 oz
Chives #681815, 1/4 oz

Ask your sales rep for our daily oyster availaility

Spain

At midnight, Spaniards eat twelve grapes, one with each chime of the clock, for good luck in each month of the year.

Offer a Grape Ajo Blanco Shooter
a traditional, chilled Spanish soup made from blanched almonds, stale bread, garlic, water, extra-virgin olive oil, and sherry vinegar

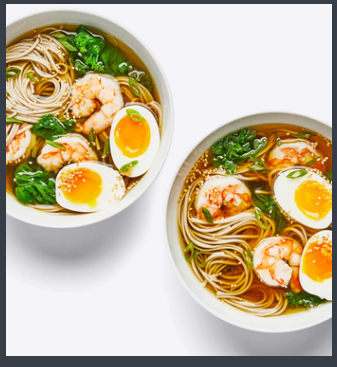


Almonds #481052, 1/5 lb
White bread #120243, 1 loaf
Garlic #080402, 4/5 lb
EVOO #350835, 1/1000 L
Sherry vinegar #551203, 12/25.4 oz
Salt #433603, 9/3 lb
Grapes #109875, 1/18 lb

Japan

Toshikoshi soba, eaten on New Year's Eve, symbolizes long life with its long noodles and signifies leaving behind the old year's troubles due to its easy-to-bite nature.

Offer Soba Soup with Shrimp & Greens



Shrimp #109660, 5/2 lb
Soba Noodles #851040, 4/5 lb
Ginger #754444, 1/2 lb
Sesame Oil #351013, 10/56 oz
Eggs # 053004, 1/30 dozen
Sesame Seeds #485081, 6/16 oz

Driscoll FOODS